| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 31 | Sausage or Pepperoni Pizza (M/MA/G) Broccoli (V Fruit Variety (F) VIP (V) \& a Variety of Milk | Chili Hot Dog (M/G/) Baked Beans (L) Fruit Variety (F) VIP (V) Variety of Milk | Mexico- Mexican Nachos (M/MA/G/V) Black beans (L) Fruit Variety (F) VIP (V) Variety of Milk | 04 <br> Signature chicken leg (M) Lima beans (L) Signature rice (G) Dinner roll (G) Fruit Variety (F) VIP (V) \& a Variety of Milk | 05 <br> Chicken corn dog (G/M) Variety of Chips (G) Siganture Salads served as second choice (V) Fruit Variety (F) VIP (V) \& a Variety of Milk | 06 |
| 07 | Chicken Alfredo (M/G/MA) Broccoli (V) Garlic Toast (G) Fruit Variety (F) VIP (V) Variety of Milk | Sausage or Pepperoni Pizza (M/MA/G) Broccoli (V Fruit Variety (F) VIP (V) \& a Variety of Milk | Mexico- Mexican Beef Tacos (M/MA/G/V) w/salsa, Traditional mexican rice (G) Fruit Variety (F) VIP (V) Variety of Milk | Signature Spaghetti (M/G/MA) Mixed Vegetables (V) Garlic Toast (G) Fruit Variety (F) VIP (V) Variety of Milk | Chicken Patty Sandwich (M/G/MA) Variety Mac and cheese (G/MA), green beans (V), Fruit Variety (F) VIP (V) Variety of Milk | 13 |
| 14 | $15$ <br> Swedish Beef Pasta (M/G/MA) Chopped Greens (V) Dinner Roll (G) Fruit Variety (F) VIP (V) Variety of Milk | $16$ <br> Chicken corn dog (G/M) Variety of Chips (G) Siganture Salads served as second choice (V) Fruit Variety (F) VIP (V) \& a Variety of Milk | Mexico- Mexican Chicken Quesadillas (M/MA/G) Mexican Street Corn (V) Fruit Variety (F) VIP (V) Variety of Milk | $18$ <br> Turkey and cheese croissant sandwich (M/G/MA/V) Brocoli (V) Fruit Variety (F) VIP (V) Variety of Milk | $19$ <br> Chicken and Waffles (M/G) Signature Greens (V) VIP (V) \& a Variety of Milk | 20 |
| 21 | Chicken Spaghetti (M/G/MA) Mixed Vegetables (V) Dinner Roll (G) Fruit Variety (F) VIP (V) Variety of Milk | $23$ <br> Sloppy Joe (M/G) Baked Beans (L) Fruit Variety (F) VIP (V) Variety of Milk | Mexico- Mexican Beef or Chicken Burrito (M/MA/G/V) Black bean salad (L/V) Fruit Variety (F) VIP (V) Variety of naill. | Sausage or Pepperoni Pizza (M/MA/G) Broccoli (V Fruit Variety (F) VIP (V) \& a Variety of Milk | Chicken Alfredo (M/G/MA) Broccoli (V) Garlic Toast (G) Fruit Variety (F) VIP (V) Variety of Milk | 27 |
| 28 | Turkey and cheese croissant sandwich (M/G/MA/V) Variety of Chips (G) Fruit Variety (F) VIP (V) Variety of Milk | $30$ <br> Fish sticks or chicken tenders (M/G) Mac and cheese (G/MA) Dark Green Vegetable (V) Grain (G) VIP, Variety of Milk | 01 | 02 | 03 | 04 |
| 05 | 06 | 07 | 08 | 09 | 10 | 11 |

Our lunches at FeedWells reflect the love and commitment that we have for our community. Our effort is to provide delicious, homestyle entrees, side dishes, healthy whole grains, an assortment of student-friendly fresh fruit and $100 \%$ fruit juice. We also provide a choice of flavored and unflavored milk.

VIP: Variety in Power (Consisting of a variety of fruits and vegetables as a second option for our students.
Menus are subject to Child Nutrition compliant substitutions based on vendor's product availability.

